Post Operative Instructions
for Sural Nerve Biopsy

After Surgery

• After surgery you will have Dermabond glue over the incision. There are stiches underneath the skin but they will dissolve on their own and will not need to be removed.
• Because your incision is waterproof, you may shower the day of your surgery.
• You may walk the day of your surgery, but try to limit the amount of time on your feet
• When sitting, try to keep your leg elevated on a stool to reduce the swelling.
• You may not drive yourself home from the hospital but you may start driving the following day.
• You will be given a prescription for pain medication. Do not drive while on pain medication and do not drink alcohol while on your pain medication.
• The time you will need to take off work will vary depending on what type of work you do, for a desk job, you’ll likely be able to return to work in several days. Jobs which require manual labor may take longer.
• You will have your first follow up appointment 1-2 weeks following surgery. You will need to call the office after your surgery to schedule this appointment.

What to Watch For

• Fever greater than 101.5
• Excessive bleeding or drainage
• Increased redness around the incision
• Severe pain or swelling

If any of these occur, call our office at 432 580-4700.
The staff is in the office from 9am to 5pm, the answering service will answer after hours, weekends, or holidays.